

The Pines School Newsletter



Week 7, Term 3
6th September 2022



Government
of South Australia
Department for Education

Respect, Belonging and Engagement in Learning

Dear Parents/Carers

We are now officially into the season of spring and it is lovely to see many trees in blossom and flowers blooming, to herald the end of the cold months of winter. With the weather warming up, just a little reminder that the UV rays become more powerful and that is why students are expected to wear hats from this week.

It was lovely to see so many parents at our Book Week Parade last Wednesday and it was great to see so many students getting into the spirit of the event, by dressing up as their favourite book week characters.

Term 3 is such a busy time for the school community, with The Pines School Choir performance closely approaching (on Saturday, 17th September) and our school production 'Jack and the Beanstalk' is well underway to being finalised for later this year (Friday, 25th November).

Last week we had a **Pupil Free Day on Friday 2nd September**, where all staff were learning about the effects of trauma on children and strategies to support trauma affected children. Also, advance notice that the next Pupil Free Day for Term 4 will be on Monday of Week 1, on the 17th October.

Monday, 5th September was a school closure day. This is a day of local significance, approved by the Governing Council. Traditionally, families take this opportunity to visit the Royal Adelaide Show if they wish.

Smart watches and mobile phones

The Pines School's Policy on Smart Watches and Mobile Phones clearly states that:

If students bring mobile phones to school, the phones must be switched off at the gate and handed in to the teacher to be collected at the end of the day. They must not be switched back on again until the students are out of the school gate. Smart watches must not be worn to school by students.



Sports Day is also fast approaching and will be held in Week 9, on **Friday, 23rd September**. We are pleased to inform you that parents/carers are welcome to attend Sports Day this year. More information about Sports Day will be sent out later.



The Pines Preschool

Preschool enrolment 2023 mid year intake

Term 3, 2023

If your child is born between **1st May 2019 and 31st October 2019...**

They are able to start preschool in **Term 3, 2023**

Please come to the preschool for a Registration of Interest form or email us at
cpc.info87@schools.sa.edu.au

Dates to Remember

Term 3

Week 8

14th September

Adelaide Youth
Orchestra -
Wind Ensemble

Jack & the Beanstalk
after School Rehearsal

15th September

Year 6 - Market Day

Week 9

20th September

Year 6 - Sammy D

23rd September



Principal

Cherie Collings

Deputy Principal

Mr Same Konnis

Assistant Principal

Mrs Toula Girgolas

The Pines School

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Boys Grand Final Football

On Wednesday the 31st August, the Year 5/6 Pines Boys played in the Grand Final of the Boys Football State-wide Schools Knockout Competition. They trained hard all year and have become a very tight nit unit, who support and encourage each other to achieve their personal best. Nick McGuire-Thomas was our captain and Jacob Smith was our Vice Captain, we were playing against Cobdogla and Barmera Primary Schools. Mrs. Collings very generously agreed to offer the opportunity to a cohort of year six students to go along to the game and watch which meant we had a supporter base for the game. The boys were up against an incredibly strong football team that unfortunately was too strong for The Pines. On the day we had excellent performances from Nick, Jacob, Kayne, Charlie and Kaden. Dempsey Hansen, Tyson Rundle and Nick kicked goals. Jhett, Lucas and Othman played very well also.

Mr. Liam.





WELLBEING CORNER



I think many of us have heard a child say, ‘I am really bad at...,’ whether it be a school subject, learning to play an instrument or starting a new sport. Did you know that as parents/carers, you have the power to turn this way of thinking around? By responding in a certain way, you can actually increase your child’s confidence and positive feelings towards learning something new.

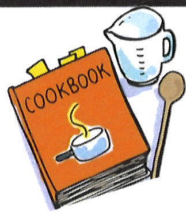
Just because something is hard, it does not mean that you are not good at it. Many people believe that when you learn something quickly, you are good at it, but this is not the case. Research shows that children who think that their intelligence and abilities can grow, will outperform students who have fixed thinking. When you praise your child, do not do so for finishing work quickly, but for trying their best and making an effort to persist when things are difficult.

In school we teach children to **‘have a growth mindset,’** which means that you believe that your intelligence and talents can be improved through your efforts and actions. You can support this at home by talking to your child about using positive self-talk. This is when we replace the negative comments with positive ones. Here are a few examples:

INSTEAD OF (negative talk)	SAY THIS (positive talk)
• I can’t do that	• I can’t do that yet
• Can I do this?	• I will do it the best that I can
• I’m not good at this	• What can I do to get better at this?
• I can’t make this better	• I can always improve
• This is too hard	• This might take some time
• I always make mistakes	• Mistakes help me learn

Every time your child makes negative comments, ask what they could say to make their words more positive. If it doesn’t work in the moment (especially if they are frustrated), write it down and talk about the positive options later. Also try to be aware and limit your own negative self-talk.

Most importantly, **do not let your children hear you say, “I am not good at that either.”** This reinforces the idea that their ability to succeed is fixed and can’t change, which is not the case. By saying this, you are implying that it is okay for them to not be successful. Instead try your best to express confidence, calm and curiosity when learning new things. Teachers explicitly teach their students to have a positive mindset. Together with your support at home, modeling the positive discussion and encouragement, your child will begin to see challenges as something positive to work towards, in order to achieve success.

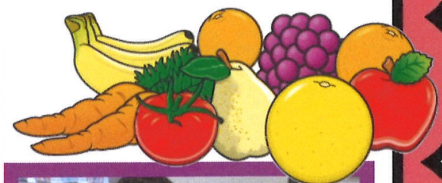
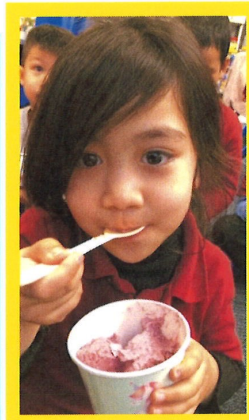


Room 45



This term, Room 45 have been learning about procedure writing. We have been following simple recipes each week to make healthy foods.

We are enjoying tasting lots of new and different things.

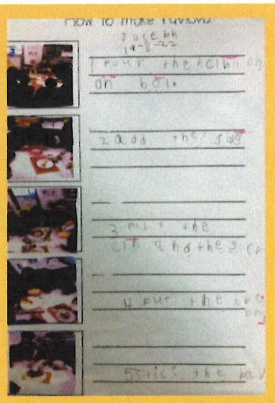
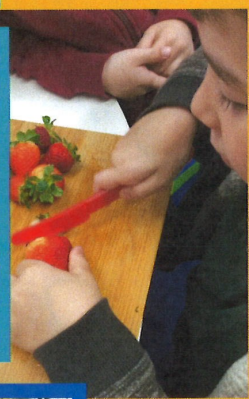


How to make fruit salad

What you need:

- bowl 
- knife 
- chopping board 
- spoon 

- 2 apples 
- Strawberries 
- grapes 
- 3 bananas 
- 3 oranges 
- mango 



How to make a fruit smoothie

What you need to do:

1. Wash your hands.
2. Peel and slice two yellow bananas.
3. Put the banana and some spinach in the blender.
4. Add some berries.
5. Put 2 cups of milk in the blender.
6. Turn on the blender.
7. Pour the smoothie into a cup.
8. Drink and enjoy!

Space Day in Room 3

In term 2, the students in room 3 created goals for what they want to learn about this term and space was a very big interest for us in room 3!

In week 5 our classroom turned into a solar system, with stars on the ceiling, videos of our solar system, a rocket on the door, colouring of the planets, planets around the room and an up-close look at planets and stars through a special microscope-like, machine.

We learned that:

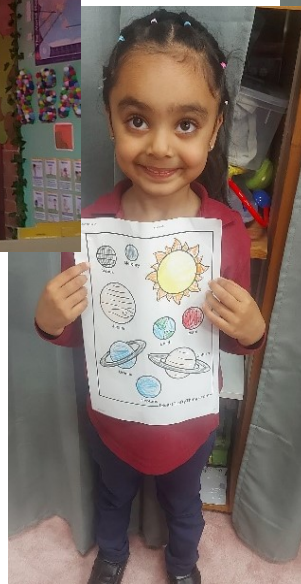
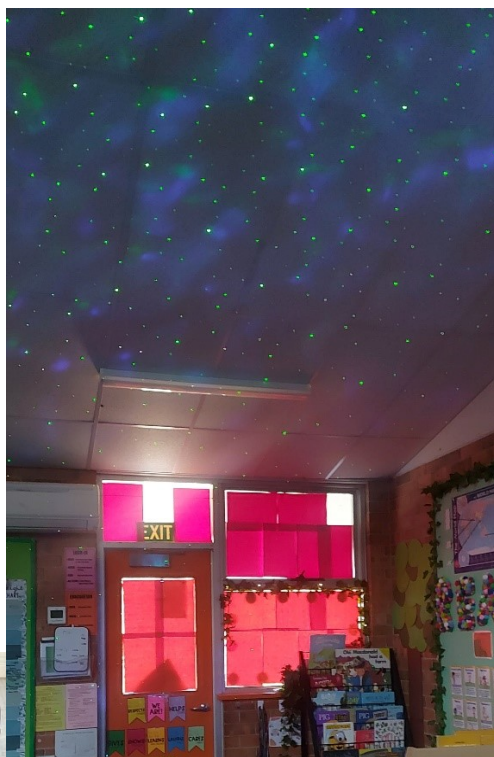
Mars is also called the red planet.

There are lots of dwarf planets.

Some planets have more than one moon!

Gravity holds us down here on earth, but not in space.

The students in room 3 absolutely loved our special day.



Student News Team

Book Week

Each year, across Australia, schools and libraries celebrate books during Book Week. At The Pines School, classes read some of the books that have been shortlisted as Book Week award. Many classes also do extra activities to learn about the shortlisted books.

A fun part of Book Week is always dress up day. This year, many of our students dressed up as characters from books or what they dream about being when they grow up. It was wonderful to finally have parents back at the Book Week parade this year.

Dreaming with Eyes Open was the theme for Book Week this year. This theme had a focus on Australia, including Aboriginal Dreamtime stories that teach about the land, animals and people of this country.



Sharon & Jo made a beautiful Book Week display in the library. The display included the names of this year's shortlisted books and many Australian animals.

Year 4 reporter Sayesha from Room 34 writes about what she noticed at the Book Week parade:

On the day of the Book Week parade, everyone dressed up as different things. Here are some examples!

Emerson from room 34 was Sophie from the BFG. Kiara from room 34 was Hermione Granger from Hogwarts. I was a witch from Hogwarts as well. Everyone looked amazing! Ms Renshaw was Thing 1 and Ms Tamsin was Thing 2.

Ella from room 34 was Max from Stranger Things.

It was so much fun when I walked around the basketball court and Ms Valley talked about what we should do at the parade, such as have fun, be good and enjoy the day!

I was amazed at the outfits and how great everyone looked when they were walking around the basketball court.

During the day, everyone commented how awesome everyone looked! I think a lot of people used creativity by making their own outfits. Ella, from my class, made her outfit, Max from Stranger Things herself!

Book Week Parade!



Student News Team





Want \$500 to help you with school costs?



Saver Plus is a financial education program for families and individuals on a tight budget to develop life-long savings habits.

To join Saver Plus, you must:

- ✓ Have a current Health Care or Pensioner Concession Card **AND** an eligible Centrelink payment*
- ✓ Be studying yourself **OR** have a child in school (can be starting school next year)
- ✓ Have regular income from work (either yourself or your partner)*
- ✓ Be 18+ years old

*Many types of income and Centrelink payments are eligible

Here are some of the school costs the \$500 can be used for:



laptops & tablets



uniforms & shoes



books & supplies



sports fees & gear



lessons & activities



camps & excursion

For more information, please contact your local Saver Plus coordinator:



Michelle Macarthy



Michelle.Macarthy@thesmithfamily.com.au



0409 986 245 or 1300 610 355

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Find out more at saverplus.org.au

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ and delivered in partnership with local community organisations. The program is funded by ANZ and the Australian Government Department of Social Services.



Developmental Therapy?

If you've ever wondered what a Developmental Educator does, the short answer is: a lot! Developmental Educators support children and adults to reach their full potential in all areas of their life. This might include helping them to develop new skills, overcome challenges, and become more independent. DEs are allied health professionals, which means that we use our knowledge of different therapies and strategies to support people to achieve their goals. We work holistically, taking into account all of the different factors that might be affecting an individual's ability to function, socialize, and learn.

Why Assist?

At Assist, we believe that everyone deserves the chance to reach their full potential, and we are proud to be able to play a role in making that happen. Our team provides participants with the individualized care and attention they need to thrive. We collaborate closely with families to ensure that everyone has a voice in the process.

How?

Support can be funded through:

- NDIS Funding
- Fee for service

If you would like to know more, please feel free to get in contact with us through the information provided below.

Get in touch today!

Sarah-Jane Stevens

P: 0423 235 123

E: sj@assistdevelopmentaltherapy.com

W: www.assistdevelopmentaltherapy.com

IG: [@assistdevelopmentaltherapy](https://www.instagram.com/assistdevelopmentaltherapy)



Who?

Support for individuals with:

- Autism Spectrum Disorder
- ADD / ADHD
- Learning Difficulties
- Down Syndrome
- Mental Health Challenges
- Behaviours Of Concern
- Challenging Behaviours

What?

Support in:

- Social Skills
- Emotional Regulation
- Behaviour Management
- Friendship Skills
- Play / Yard Skills
- Routines / Schedules
- Theory of Mind
- Life Skills / Classroom Skills

Where?

Support can be provided to:

All Adelaide Metro Regions:

- School
- Home
- Kindergarten/ Childcare
- Online/Telehealth



**Assist, a place
for possibilities!**

COMMUNITY NEWS

SUMMER SEASON



**ENDLESS FUN AND
TEAM
ENCOURAGEMENT**

CLUB FEES:

- JUNIORS – \$90
 - SENIORS – \$100
 - JUNIORS PLAYING SENIORS – \$110
- PLAYHQ FEES:
(FOR THOSE NEW TO PLAYHQ)
SENIORS: \$126.83
JUNIORS: \$98.77



Game Day & Trainings:

- Seniors game day is on Wednesday nights 7.15pm or 8.45pm depending on what grade you are put in.
- Juniors game day is on Friday Nights at 6.30pm, 7.30pm & 8.45pm times do depend on what age group your child/ren are in.

Training is Sundays at 5pm til 6-630pm for juniors then Seniors train after.

The new season is fast approaching, summer will be here before we know it.. If you are looking to change clubs or even looking at getting into netball then Northern Bombers want you! Low and affordable club, family friendly, all ages and abilities.

REGO DATES:

5PM-6.30PM

📍 Argana Park, Netball Courts on Courts 13&15

- 📅 21st August
- 28th August
- 11th Sept
- 25th Sept



CONTACT US

Phone/Text: Nicole on 0466289406 OR
Robbie on 0447383882

Email:

northernbombersnetballclub@hotmail.com
Facebook: NorthernBombersNetballClub



ROLL UP! ROLL UP!

THE UPPER PRIMARY TEAM PRESENT TO YOU...

THE PINES CARNIVAL

When: Thursday 15th of September (Week 8)

Where: The Hall & Basketball Courts



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